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European project

Sport cALL for a healthy lifestyle

Photos

Public Sport Events



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Sivas, Türkiye
19 Mayıs 2026

Hiking



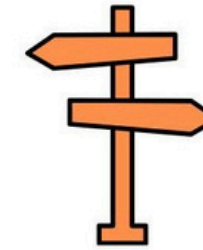
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Sport cALL

For a healthy lifestyle



DOĞA YÜRÜYÜŞÜ



19 Mayıs 2026



13:00



Emirhan Kayalıkları



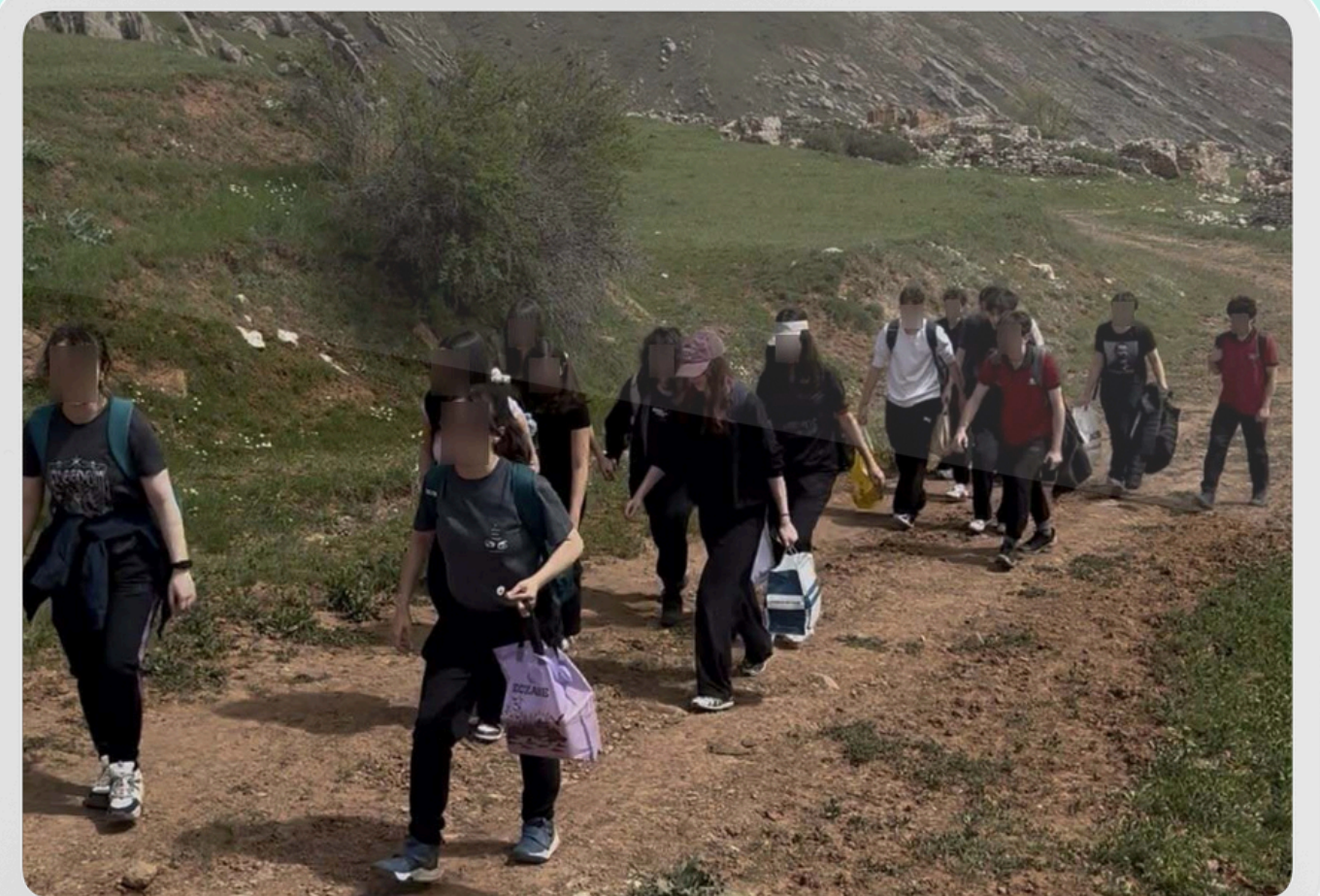
İletişim

Sport Call for a Healthy Lifestyle

www.youcandance.org gelişimgenclik@gmail.com Telefon: 3462240020

Sivas, Turkiye

Hiking



Barcelos, Portugal
24 May 2026

warm-up, walking,
military training, pilates



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SPORT CALL FOR A HEALTHY LIFESTYLE

IAFA ASSOCIAÇÃO INTERCULTURAL PARA TODOS INTERCULTURAL ASSOCIATION FOR ALL

SOFIAKIKAS
PILATES

MICHEL RODRIGUES
PERSONAL TRAINER STUDIO

EVENTO SOLIDÁRIO - 24 DE MAIO

Logos at the bottom: MOVE, MÀRCIA BOGAS, ROBSON ROBERTO, ptnene pilates clínico, GASC, WAZARI, DHARMA



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SPORT CALL FOR A HEALTHY LIFESTYLE

SOFIAKIKAS
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EVENTO SOLIDÁRIO - 24 DE MAIO

PROGRAMA DO DIA

- 09h00 - Acolhimento dos participantes
- 09h15 - 09h30 - Aquecimento
(garantido pelo Estúdio Michel Rodrigues)
- 09h30 - 10h30 - Caminhada com Mário Faria
- 10h40 - 11h10 - Treino Militar
(garantido pelo Estúdio Michel Rodrigues)
- 11h15 - Atuação de Dança Iara Gomes
- 12h00 - Pilates com Sofia Kikas
- 12h45 - Piquenique

EVENTO SOLIDÁRIO
Valor reverte a favor de
uma instituição GASC

COBERTURA FOTOGRÁFICA
A equipa do Estúdio Michel Rodrigues

Logos at the bottom: MOVE, MÀRCIA BOGAS, ROBSON ROBERTO, ptnene pilates clínico, GASC, WAZARI, DHARMA



Barcelos, Portugal



Iasi, Romania
30 May 2026

dance sport, gymnastics aerobics,
volleyball, zumba, athletism, cheerleaders



Cofinanțat de
Uniunea Europeană

Eveniment sportiv

Sport pentru un stil de viață sănătos

Sâmbătă, 30 mai 2026

Orele 15:00 - 17:00, Grădina Palas, Iași

Sport cALL
for a healthy lifestyle



Asociații și cluburi
sportive participante



Alexandru Bogdan
ARVAK



Fotografi *Diaconita Theodor Andreea Ungureanu*

Parteneri



Contact

www.youcandance.org; akm.kastamorrely@gmail.com; [f Sport Call for a Healthy Lifestyle](#)

Iasi, Romania



Iasi, Romania



Lodz, Poland
30 May 2026



warm-up,
running,
jogging,
walking





parkrun

Wydarzenie sportowe

671. edycja Parkrun Łódź z Europejską Fundacją Rozwoju Człwieka w ramach projektu:

Sport cALL for a healthy lifestyle

Sobota, 30 maja 2026

Start o 9:00, odprawa dla debutantów o godz. 8:50
park im. Poniatowskiego w Łodzi (od strony ul. Inżynierskiej)



Contact data
www.youcandance.org; eurofrc@gmail.com;  Sport Call for a Healthy Lifestyle

Lodz, Poland



Contact us

Kasta Morrely Association

Email: akm.kastamorrely@gmail.com

www.youcandance.org

Facebook: Sport call for a healthy lifestyle



European project
Sport cALL for a healthy lifestyle
January 2025 - June 2026

Main activities
International bootcamp
Sport and environment fusion
Awareness campaign
Public sport events
Sport focus workshop series

Project coordinator
Kasta Morrely Association

Project partners
IAFA, Intercultural Association for All, Development Youth Association, EuroFRC

Contact data
www.youcandance.org; akm.kastamorrely@gmail.com; [Sport Call for a Healthy Lifestyle](https://www.facebook.com/SportCallforaHealthyLifestyle)

Sport cALL for a healthy lifestyle is an European cooperation project in the field of sport implemented in a consortium including Kasta Morrely Association from Romania as coordinator and the project partners Development Youth & Sports Association from Turkey, Intercultural Association for All from Portugal and EuroFRC from Poland.

The project takes place from January 2025 to June 2026.

The project contributes to developing the quality of support systems for grassroots sport activities and the capacity of civil society organisations in the sport and outdoor education field in the benefit of environment education.

[READ MORE](#)

